

WHO
&
WHY ?



For anyone who wants to improve their own or their team's ability to use reflection in a more routine, regular and disciplined way.

Outcomes

- ✓ Clear understanding of what 'reflective practice' means
- ✓ Choice of reflective practice models to use
- ✓ Confident and professional use of reflective practice, personally, and/or within your team or organisation

Content

- What is meant by 'reflective practice'
- Why is it important
- Different approaches
- Self-directed research
- Good practice guide

Learning Approaches



core learning input



learning recap quiz



teamwork & collaboration



good practice guide



solo activities



open discussion



self directed research

on site or online

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NEW!

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to be here next time...

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end March 2026

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