

WHO & WHY?



For those who either currently coach and would like to refresh their learning, or for those who want to explore the role and advantages of coaching as part of their management skill set.

Outcomes

- ✓ Clear understanding of the coaching approach
- ✓ Choose when and how to use coaching as an effective management tool
- ✓ Use a range of coaching models
- ✓ Develop key skills and strategies to avoid or manage difficulties

Content

- The what, why and how of coaching
- Coaching models
- Key skills and challenges
- Coaching v instruction
- Practical case work

Learning Approaches



core learning input



your ideas & suggestions



videos



paired & group activities



role play / simulation



open discussion



reflection & consolidation



on site or



online

“

A brilliant
course
- transformational

CEO, ThinkTank

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