

WHO & WHY?

Growth Mindset



For anyone who wants to maximise their own, their team's - or their children's - opportunities for effective learning.

Outcomes

- ✓ Understand what helps or hinders personal learning and development
- ✓ Apply growth mindset to your learning and development strategy
- ✓ Transfer any of this learning to your children, if appropriate
- ✓ Challenge and improve how you think about yourself, your attitude and your actions

Content

- Case study: the creative crossword...
- The two mindsets
- The SELFF approach to a growth mindset
- Self-assessment and reflection

Learning Approaches

-  puzzles & games
-  core learning input
-  paired & group activities
-  multimedia learning input
-  self-assessment questionnaire
-  your ideas & suggestions
-  facilitator's ideas & suggestions
-  reflection & consolidation

 on site or  online

“ Very uplifting, showing how it's so often not the world around us that we are defeated by, but our own response to events. Thank you for reminding me I have a choice not to be like that.

- Participant,
Royal Museums Greenwich ”