

# WHO & WHY?



For anyone who wants to check out or improve their skills in giving and/or receiving feedback, and to develop key skills for giving blind spot feedback

## Outcomes

- ✓ Improved skills in giving and/or receiving feedback
- ✓ Know how to identify blind spots in others, and give appropriate feedback
- ✓ Invite feedback about any possible personal blind spots

## Content

- What helps, what hinders?
- Giving feedback a BOOST
- How to receive feedback
- Blind spot feedback
- Case work

## Learning Approaches

-  core learning input
-  paired activities
-  brainstorm
-  facilitator's ideas & suggestions
-  case work
-  role play / simulation
-  your questions (Q&A)
-  reflection & consolidation

 on site or  online

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I now feel comfortable and confident providing feedback to my team, and feel a lot more positive. I felt I learned a great deal.

Manager, Laterooms

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